

WE'RE HIRING: OPERATIONAL LEAD & PERSONAL TRAINER – SOCIAL PRESCRIBING INITIATIVE

Manchester YMCA is looking for a passionate and driven **Operational Lead** to take our **Social Prescribing Initiative – Champions for Change (C4C)** to the next level.

We're seeking someone with a background in **personal training** and experience working in partnership with **GPs, health organisations, and non-statutory sector agencies**. You will need a good understanding of **referral pathways** and a commitment to making a **positive difference in the lives of young people**.

C4C combines **physical activity and nutritional guidance** with **life coaching** to support and facilitate lasting health and lifestyle changes, through a bespoke personal training programme. Now in its **fourth year**, the initiative is well-established and ready to grow, focussed on young people aged 16-25 – and we want you to be at the heart of that growth.

We're looking for someone who is:

- **Dynamic and proactive**
- **Committed** to youth wellbeing
- A confident **communicator and collaborator**
- Passionate about creating impact and growing a service

Salary: £28,000 - £30,000

If you're excited by the opportunity to lead and develop this innovative strand of our work, we'd love to hear from you.

Interested?

Get in touch with us for an informal chat – and take the first step towards shaping a healthier future for young people in Manchester. Please contact either of the following:

- Nicole Joseph, email: nicole@ymcamanchester.org.uk
- Shamin Malik, email: shamin@ymcamanchester.org.uk

How to apply:

Send in a CV and covering letter stating how you meet the job description and person specification; you can apply in 2 ways:

- Via Indeed: [Operational Lead and Personal Trainer for Champions for Change programme](#)
- Send in a CV and covering letter to: info@ymcamanchester.org.uk

Closing date for applications: 31st July 2025