

YMCA

MANCHESTER



**Education
BROCHURE
2022 - 2023**

Introduction

We are an alternative education provision who offer a range of accredited education and skills based training programmes in Sports, Fitness, Employability, Personal Development and Functional Skills.

We work with young people aged 13-24 that may be at risk of exclusion, struggling in a school setting, have SEND, face SEMH challenges, are a young carer or living in care.

We look forward to welcoming you to our establishment so that you can see for yourself what makes YMCA Manchester so special.



YMCA Manchester

*WE HAVE BEEN PROVIDING
EDUCATIONAL PROGRAMMES AND
PERSONAL DEVELOPMENT
OPPORTUNITIES FOR VULNERABLE
AND MARGINALISED YOUNG PEOPLE
FOR OVER 170 YEARS.*

What makes us different

- Our Environment - Our learners respond well to the relaxed, quieter atmosphere and being out of the school environment.
- Our Facilities - We have full use of all Y Club facilities, including the recently refurbished gym, multi-use sport-hall, running track, dance studio, swimming pool and 2 Rugby Fives courts.
- Our Provision - We provide each student with breakfast and lunch at our restaurant, giving learners the energy they need to reach their full potential.
- We develop and build young people's confidence by embedding independent and team building activities into their daily routine.
- We are flexible and listen to our young people, creating a timetable that best suits their needs.
- We allow students to set their own goals and choose their own rewards.
- We develop relationships with parents, schools and caregivers via constant communication; detailed feedback is sent out at the conclusion of each day.
- We create a safe, welcoming environment for young people to express themselves without judgement. Time is set aside at the beginning and middle of the day for pupils to have meaningful conversations with their tutors.

WE DEVELOP STUDENT'S
SELF-EFFICACY

THROUGH
1:1 TUITION

AND A TAILORED CURRICULUM

THAT BEST
SUITS THEIR
NEEDS

Our FOCUS

The focus of our work is physical activity and health and wellbeing; using a holistic young person-centered approach we address, mental health, body image, physical fitness, self-esteem, communication and leadership skills. This is delivered via our multi-disciplinary team made up of qualified teachers, youth workers and coaches who specialise in SEND, Challenging Behaviour, Health, Fitness and Physical Activity.

1



Engaging

Building positive relationships with student via a key work system. A solid therapeutic relationship is the foundation of our work. Thus, building trust, fostering an environment of safety, and allowing students to take positive risk. Our focus is on strengths and mutual respect, creating the groundwork for a strong alliance between student and teacher.

2



Focusing

Through a series of conversation and guided learning session with our students, we mutually identify the area of their life they want to change.

3



Evoking

After the focus has been developed and change target have been identified, we then work with each student to identify their personal interest in and motivation to change. Being able to recognise and name what sparks that desire for change is an important part of the evoking process.

4



Planning

The plan is co-developed with the student and is based on their unique values, wisdom, and self-knowledge. This is tracked on a weekly basis and brought to the 'Student Profiling Sessions' with our freelance Educational Psychologist.

Opportunities to gain qualifications, skills and employment.

QUALIFICATION LIST

2022 - 2023

Manchester YMCA have extended their offer and now deliver the following:

PERSONAL GROWTH AND WELLBEING QUALIFICATIONS

Pearson BTEC Level 1 Subsidiary Award in Personal Growth and Wellbeing

Pearson BTEC Level 1 Award in Personal Growth and Wellbeing

Pearson BTEC Level 1 Certificate in Personal Growth and Wellbeing

Pearson BTEC Level 1 Extended Certificate in Personal Growth and Wellbeing

SPORTS AND DANCE QUALIFICATIONS

Pearson BTEC Level 2 Certificate in Leadership Through Sport

Pearson BTEC Level 2 Diploma in Leadership Through Sport

Pearson BTEC Level 3 National Extended Certificate in Sports Coaching

SLQ UK Sports Leadership Award Level 1

SLQ UK Sports Leadership Award Level 2

SLQ UK Dance Leadership Award Level 1

SLQ UK Dance Leadership Award Level 2

FUNCTIONAL SKILLS QUALIFICATIONS

Pearson Functional Skills Maths Level 1

Pearson Functional Skills Maths Level 2

Pearson Functional Skills English Level 1

Pearson Functional Skills English Level 2

ADDITIONAL QUALIFICATIONS

NCFE Level 1 Certificate in Business and Enterprise

NCFE Functional Skills ICT Entry Level 3 to Level 2

Facilitating Change-Motivational Interview PD pack

Education Team.



GEMMA SARSFIELD

Lead Tutor

Specialist Areas:

Anatomy and Physiology, Early Intervention for Mental Health, Challenging Behaviour, SEND, SEMH, Sports Coaching.



DYLAN GAIR

Sports and Maths Tutor

Specialist Areas:

Coaching and Sports Development, Sports Coaching and Development, Psychology of Sport, SEND, SEMH



LUKE PRITCHARD

Sports and Personal Wellbeing Tutor

Specialist Areas:

Pastoral Care, Autism,, SEND, Sports Injury, Fitness Testing and Training, Work Experience.



Amelia Karimi

Sports and Dance Tutor

Specialist Areas:

Dance Leadership, SEND, Performing Arts



Kieran Ratcliff

Sports Tutor and Work Experience Coordinator

Specialist Areas:

Sports science, Physical Education, fitness training, mentoring and work experience.



“WHAT PEOPLE SAY ABOUT OUR SERVICE”

What students have said:

“I have achieved more in 6 months here than I have done over the last three years.” Student aged 16

“This is the most English I have done in three years, I have never sat and done so much work.” 14 years old student, predicted to not achieve

What Parents have said:

“My son looks forward to going to the Manchester YMCA each week and comes back really excited to tell me what he has been doing.”

“Going to the Manchester YMCA is the highlight of my daughter’s week.”



What Staff have said:

“The students and staff from Chatsworth look forward every week to coming here.” Teacher, Chatsworth Futures Specialist School

“The work we do here contributes to the course work we do back at college. Working with YMCA has made such a difference to the students. The sessions are well planned and recorded with clear evidence for learning.” Deputy Head Teacher, Chatsworth Futures Specialist School

What Managers have said:

“Staff love going to the Manchester YMCA and are really complimentary about Nicole, her team and the environment and activities our learners are able to access. In addition to the learning opportunities provided by the project we also receive weekly detailed feedback and an evaluation of the day, including learning outcomes and photographs” T Holmes – Engagement & Pastoral Manager



“The Manchester YMCA provides ample opportunities for learners to achieve core targets and occasionally subject targets and enhances their learning” R Roche – Curriculum Manager

CONTACT DETAILS



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